



William D. Skelton, D.Ac.

The Acupuncture Clinic
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Professional Experience

Athens Regional Medical Center
The Mind Body Institute
Athens, Georgia
Practitioner - 2002 to 2016

The Mind-Body Research Group
University of South Carolina
Columbia, South Carolina
Founding Member - 1999 to 2003

Center for Pain Management
Palmetto Baptist Medical Center
Columbia, South Carolina
Practitioner - 1991 to 2009

The Acupuncture Clinic
620 Sims Avenue
Columbia, South Carolina
Practitioner - 12/79 to Present

Private Practice
11840 Gorham Avenue
Los Angeles, California
Practitioner - 1/79 to 12/79

The Dr. Paul Isaacson Arthritis Clinic
3127 E. Second Street
Tucson, Arizona
Practitioner - 4/78 to 7/78

The Bai Hui Clinic
Shih Lin St., Shih Lin,
Taipei, Taiwan, Republic of China
Acupuncture and Chinese Herbology Internship - 12/75 to 12/77



License and Certification

- National Board Certification, National Certification Commission for Acupuncture and Oriental Medicine - Active
- South Carolina state acupuncture license - Active
- Georgia state acupuncture license - Active
- California state acupuncture license - Active
- New York state acupuncture license - Active

Acupuncture Education

Acupuncture for the Cancer Patient, Level 1
IMS/Sloan-Kettering Cancer Center
New York, New York - 9/14

Tri-State College of Acupuncture
Post Graduate Institute
Advanced Certificate Program
New York, New York - 8/05 to Present

Tri-State College of Acupuncture
Master of Science in Acupuncture
New York, New York - 9/98 to 8/00

Shanghai College of Traditional Chinese Medicine's
Advanced Acupuncture Training: a twelve day intensive course for senior American practitioners of acupuncture on contemporary acupuncture techniques used in China.
Shanghai College of Traditional Chinese Medicine, Shanghai, China.
Administered in San Francisco, California - 1983

Dr. Nico Daum, M.D., O.M.D.
Sreenwyk, Netherlands
A tutorial on the fusion of allopathic and traditional Chinese medicine with special focus on the European approach to Chinese Medicine.
Administered in Taiwan, Republic of China - 12/76 to 4/77



Dr. Jason Choi, O.M.D., M.D.

13-5 Chi Nan Rd., Sec. 3

Taipei, Taiwan, Republic of China

A study of specialized acupuncture techniques and herbal formulas used with allopathic medicine in hospital settings in China. - 3/77 to 7/77

The Chinese Acupuncture Hospital

66 Chung Ching S. Rd.

Taipei, Taiwan, Republic of China

Clinical Internship - 12/75 to 12/77

The Chinese Medical Institute

200 Kuan Tu Terrace, Peitou

Taipei, Taiwan, Republic of China

D.Ac. Program - 8/75 to 12/77

Post-graduate externship program, S.E. Asia, 1/78 to 4/78

Hospital Affiliated Privileges

Athens Regional Medical System

The Mind Body Institute

1199 Prince Avenue

Athens, Georgia - Active 2002 to 2016

Palmetto Baptist Medical Center

The Center for Pain Management

Taylor at Marion Street

Columbia, South Carolina - Active 1991 to 2009

Professional Service

National Profession Boards

National Certification Commission for Acupuncture
and Oriental Medicine

1424 16th Street, N.W., Suite 501, Washington, DC

Executive Committee Member, Treasurer - 1987 to 1996



National Acupuncture Foundation
1718 M Street, Suite 195, Washington, DC
Vice-Chairman - 1990 to 1997

National Council of Acupuncture Schools and Colleges
P. O. Box 65120, Baltimore, MD
Trainer of National Clean Needle Technique Course Examiners - 1990

State Profession Boards

South Carolina Board of Medical Examiners
Columbia, South Carolina
Acupuncture Advisory Committee - 4/05 to 4/07

Composite State Board of Medical Examiners
Atlanta, Georgia
Georgia Acupuncture Advisory Board - 7/00 to 7/09

Lexington Solicitor's Drug Court Advisory Board
Lexington, South Carolina
Advisory Board Member - 1996

Professional Positions

Tri-State College of Acupuncture
New York, New York
Board of Directors , Member, Chairman - 1989 to 2015

American Academy of Pain Management
Sonora, California
Advisory Board Member - 1998 to 2004

University of Miami School of Medicine
Miami, Florida
Complementary/Alternative Medicine Advisory Committee
Member - 2000 to 2004

American Academy of Pain Management
Sonora, California
Examination Committee Member - 1994 to 1998



National Academy of Acupuncture and Oriental Medicine
Brookline, Massachusetts
Founding Fellow, 1993

National and State Acupuncture Boards Development and Administration

- National boards development and administrations for the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) - Executive role
- Florida state acupuncture boards administrator for the Florida Department of Professional Regulation
- Florida state acupuncture boards administrator for NCCAOM
- New Mexico state acupuncture boards administrator for NCCAOM
- Massachusetts state acupuncture boards administrator for NCCAOM
- North Carolina state acupuncture boards administrator for NCCAOM
- Washington state acupuncture boards administrator for NCCAOM
- Republic of Korea administrator for NCCAOM acupuncture boards
- Republic of China administrator for NCCAOM acupuncture boards

Faculty Positions

Tri-State College of Acupuncture
New York, New York. - 1996 to Present

Florida Institute of Traditional Chinese Medicine
St. Petersburg, Florida - 1987 to 1989

California Acupuncture College
Los Angeles, California - 1978-1979

Research Interests

"Effects of Acupuncture on Peripheral Neuropathy on Cancer Patients Undergoing Chemotherapy and Radiation"
South Carolina Cancer Coalition
Colleges of Physical Medicine and Nursing
University of South Carolina, Columbia, South Carolina - 2006



"Effects of Acupuncture on Peripheral Neuropathy in HIV Disease"
Colleges of Physical Medicine and Nursing
University of South Carolina, Columbia, South Carolina - 2005

"Effects of Acupuncture on Oral Cortisol, Oral Lesions, Stress and Quality of Life"
Colleges of Physical Medicine and Nursing
University of South Carolina, Columbia, South Carolina - 2003

"Effects of Acupuncture on Oral Cortisol, Oral Lesions, Stress and Quality of Life"
Colleges of Physical Medicine and Nursing
University of South Carolina, Columbia, South Carolina - 2002

"Effects of Individualized Acupuncture on Insomnia and Peripheral Neuropathy in HIV Disease"
College of Nursing
University of South Carolina, Columbia, South Carolina - 1999

Publications

Book Chapters and Contributions

Skelton, W.D. (2016). Acupuncture Medicine, Bodymind Integration for Bodily Distress and Mental Pain - Implementing Acupuncture into Private, Mainstream, and Integrative Behavioral Health and Physical Medicine Practices Nationwide: One Acupuncturist's Experience Working Inside Today's Western Medical Health Care System, Appendix 3 & Back Cover Introduction . Blue Poppy Press, Boulder, Colorado

Skelton, W.D. (2012). Contributor: Acupuncture Practice Guidelines, Tri-State College of Acupuncture/Department of Clinical Services, New York City, New York

Skelton, W.D. (2002). Contributor: Pain Management: A Practical Guide For Clinicians, 6th Edition : Six Diverse Acupuncture Techniques Useful in Pain Management, Chapter 48. CRC Press, LLC, Boca Raton, Florida



Skelton, W.D. (1995). Contributor: Clean Needle Technique Manual for Acupuncturists - Guidelines and Standards for the Clean and Safe Clinical Practice of Acupuncture, 4th Edition, National Acupuncture Foundation, Washington, DC

Skelton, W.D. (1976). Contributor: Recent Developments in Auricular Therapy, Hundred Talents Press, China Acupuncture and Moxibustion Supply Co., Ltd., Taipei, Taiwan

Skelton, W.D. (1976). Editor: Points 2001 - A Comprehensive Acupuncture Textbook/Manual of the 20th Century, Hundred Talents Press, China Acupuncture and Moxibustion Supply Co., Ltd. Taipei, Taiwan

Peer Reviewed Publications

Phillips, K.D., **Skelton, W.D.**, & Hand, G.A. (2004). Effect of acupuncture, administered in a group setting, on pain and subjective peripheral neuropathy in persons with human immuno-deficiency virus disease. Journal of Alternative and Complementary Medicine, 10(3), 449-455

Phillips, K.D., & **Skelton, W.D.** (2001). Effects of individual acupuncture on sleep quality in HIV disease. Journal of the Association of Nurses in AIDS Care, 12(1), 27-39

Non-refereed Publications

Hand, G.A., Phillips, K.D., Dudgeon, W.D., & **Skelton, W.D.** (2005). Stress reduction as a means to enhance oral immunity in HIV-infected individuals. Journal of the Association of Nurses in AIDS Care, 16(5), 58-63

Abstracts

Hand, G.A., Phillips, K.D., **Skelton, W.D.**, & Dudgeon, W.D. (2004). "Stress reduction, HIV-related oral disease, and acupuncture." South Carolina HIV/STD Conference, Columbia, South Carolina, September 29-October 1, 2004, p.16. (Invited)



Phillips, K.D., **Skelton, W.D.**, Dudgeon, W.D., & Hand, G. A. (2003). "Effects of individualized acupuncture administered in a group setting in managing HIV-related peripheral neuropathy." Sixteenth Annual Meeting of the Association of Nurses in AIDS Care, New York City, New York, November 20-23, 2003. (Contributed)

Phillips, K.D., **Skelton, W.D.**, Fulk, L.J., Bopp, C.M., & Hand, G.A. (2003). "Acupuncture and HIV symptom management: The association of stress reduction and the reduction of oral conditions." Sixteenth Annual Meeting of the Association of Nurses in AIDS Care, New York City, New York, November 20-23, 2003. (Contributed)

Hand, G.A., Phillips, K.D., **Skelton, W.D.**, Fulk, L.J., & Bopp, C.M. (2002). "Reduction of stress-related oral disease by acupuncture performed in a group setting." Fourteenth International AIDS Society Conference, Pathogenesis and Treatment, Barcelona, Spain, July 7-12, 2002. (Contributed)

Phillips, K.D., & **Skelton, W.D.** (2001). "Effects of individualized acupuncture on sleep activity, sleep quality, pain and peripheral neuropathy in HIV disease." Proceedings of the Eighth Annual Symposium of the Society for Acupuncture Research, Advancing the Credibility and Uniqueness of Acupuncture through Research, October 19-20, 2001, Hennepin County Medical Center, Pillsbury Auditorium, Minneapolis, Minnesota. (Contributed)

Phillips, K.D., & **Skelton, W.D.** (2000). "Effects of acupuncture on pain and peripheral neuropathy." Proceedings of the 13th Annual Conference of the Association of Nurses in AIDS Care, San Juan, Puerto Rico, November 1-5, 2000. (Contributed)

Papers Presented

Hand, G.A., Phillips, K.D., **Skelton, W.D.**, & Dudgeon, W.D.. "Stress reduction, HIV-related oral disease, and acupuncture." South Carolina HIV/STD Conference, Columbia, South Carolina, 2004

Phillips, K.D., **Skelton, W.D.**, Dudgeon, W.D., & Hand, G.A.. "Effects of individualized acupuncture administered in a group setting in managing HIV-



related peripheral neuropathy." Sixteenth Annual Meeting of the Association of Nurses in AIDS Care, New York City, New York, November, 2003

Phillips, K.D., & Skelton, W.D. (2001). "Effects of individualized acupuncture on sleep activity, sleep quality, pain and peripheral neuropathy in HIV disease." Eighth Annual Symposium of the Society for Acupuncture Research, Advancing the Credibility and Uniqueness of Acupuncture through Research, Hennepin County Medical Center, Pillsbury Auditorium, Minneapolis, Minnesota, October, 2001

Posters Presented

Phillips, K.D., Skelton, W.D., Fulk, L.J., Bopp, C.M., & Hand, G.A. (2003). Acupuncture and HIV symptom management: The association of stress reduction and the reduction of oral conditions. Sixteenth Annual Meeting of the Association of Nurses in AIDS Care, New York City, New York, November, 2003

Phillips, K.D., Skelton, W.D., Dudgeon, W.D., & Hand, G.A. (2003). Effects of individualized acupuncture administered in a group setting in managing HIV-related peripheral neuropathy. Tenth Annual Symposium of the Society for Acupuncture Research, Boston, Massachusetts, November, 2003

Hand, G.A., Phillips, K.D., Skelton, W.D., Bopp, C.M., Fulk, L.J. (2003). Acupuncture as a treatment for stress-related oral disease in HIV-infected individuals. Tenth Annual Symposium of the Society for Acupuncture Research, Boston, Massachusetts, November, 2003

Phillips, K.D. & Skelton, W.D. (2000). Effects of acupuncture on pain and peripheral neuropathy. Thirteenth Annual Conference of the Association of Nurses in AIDS Care, San Juan, Puerto Rico, November, 2000

Funding and Grant Support

Office of Complementary and Alternative Medicine, National Institutes of Health, Bethesda, Maryland. "Acupuncture for HIV-related peripheral neuropathy." Phillips, K.D. (Co-PI), Hand, G.A., & Skelton, W.D. 2006-2007, \$582,000, not funded.



Office of Complementary and Alternative Medicine, National Institutes of Health, Bethesda, Maryland. "Acupuncture, HIV, and stress-induced oral disease." Hand, G.A., Phillips, K.D. (Co-PI), & **Skelton, W.D.** 2005-2007, \$359,200, 2 years, not funded.

South Carolina Cancer Center Interdisciplinary Research Grant. "Acupuncture as adjuvant therapy for distressful symptoms of cancer, cancer chemotherapy, and radiation therapy." Phillips, K.D. (PI), Hand, G.A., **Skelton, W.D.**, & Lambert-Falls, R. 2003-2004, \$14,781, 1 year, funded.

National Institutes of Health, National Institute of Nursing Research, College of Nursing, Center for Health Promotion and Risk Reduction in Special Populations: "Effects of acupuncture and nursing back rub on stress-induced oral manifestations of HIV infection." Hand, G.A., Phillips, K.D. (Co-PI), **Skelton, W.D.**, & Wells, J. 2001-2002, \$10,000, 1 year, funded.

Sponsored Programs and Research, Columbia, South Carolina. "The effects of acupuncture on sleep quality in persons with HIV disease." Phillips, K.D., (PI) & **Skelton, W.D.** 1999-2000, \$7,500.00, 1 year, funded.

Professional Presentations & Lectures

"Acupuncture: How it Can Help Your Patients". Athens Regional Continuing Medical Education Program. June 26, 2015. Athens, Georgia

"Acupuncture's Role in the Worker's Compensation Case". 25th Annual Worker's Compensation Medical Seminar. South Carolina Worker's Compensation Association. March 13, 2004. Greenville, South Carolina

"Techniques for Identification and Location of Acupuncture Points". The Second Acupuncture Research Colloquium. Center for Acupuncture Research and Education. November 14, 2003. Boston, Massachusetts

"Acupuncture and Traditional Chinese Medicine for Pain", American Academy of Pain Management, 15th Annual Clinical Meeting. September 4, 2003. Denver, Colorado

"Needling Techniques for Researchers," First Acupuncture Research Colloquium to Facilitate Communication Among Leaders in Acupuncture



Practice, Research and Education in North America. Center for Acupuncture Research and Education. February 15, 2003. New York, New York

"Acupuncture Case Studies for Head, Neck and Arm Injuries", American Academy of Pain Management, 12th Annual Clinical Meeting. September 22, 2001. Washington, DC

"Application of Oriental Medicine to Pain Management", American Academy of Pain Management, 12th Annual Clinical Meeting. September 22, 2001. Washington, DC

"Acupuncture", University of South Carolina School of Medicine, Physiology Teachers Conference, 2000. October 20, 2000. Columbia, South Carolina

"Acupuncture's Role in Community Health", American Academy of Pain Management, 11th Annual Clinical Meeting. September 22, 2000. Las Vegas, Nevada

"The Biopsychosocial Treatment Model of Acupuncture and Chinese Medicine", American Academy of Pain Management, 10th Annual Clinical Meeting. September, 25, 1999. Las Vegas, Nevada

"Acupuncture - The Consensus", American Academy of Pain Management 9th Annual Clinical Meeting. September 20, 1998. Atlanta, Georgia

"Acupuncture and Traditional Chinese Medicine". Emory Medical School Continuing Education, Emory University School of Medicine. February, 1995. Atlanta, Georgia

"Acupuncture as Part of Complementary Medicine in America". Complementary Medical Practices Class, Emory University School of Medicine. March 18, 1994. Atlanta, Georgia

Appearances in Publications

"Needling as Translation: an Anthropologist Responds to TSCA's Needling Colloquium" Mitra Emad, Ph.D. Journal of Clinical Acupuncture and Oriental Medicine (2004), 4,164-168



"What Does It Mean to Practice an Energy medicine?" Claire M. Cassidy, Ph.D., Dipl.Ac. , L.Ac. *The Journal of Alternative and Complementary Medicine* (2004), (10(1),79-81

"Getting to the Point: a forum for master practitioners, researchers and educators" Seem, W.G., Langevin, H.M., Lao, Lixing. *Journal of Clinical Acupuncture and Oriental Medicine* (2003), 4, 148-163

"After a Stoke Strikes: A long Night's Spiritual Journey Into Day" Charles W. Kegley, Debra J. Kegley, (2016). Live Twice Press, Blythewood, South Carolina

Honors and Awards

Continuing Education Excellence Award. 2005

American Academy of Pain Management. Sonora, California

Outstanding Community Partners and Practitioners Award, 2004

Arnold School of Public Health, University of South Carolina

Continuing Education Excellence Award, 2004

American Academy of Pain Management. Sonora, California

Professional Associations

- South Carolina Oriental Medicine Association